

# INTERESTED IN THE FIRST-AND-ONLY *neffy* needle-free epinephrine?



Answering the questions in this discussion guide can help you have a productive conversation with your doctor about allergic reactions and why **neffy** might be a good option for you or your child aged 4 years and older who weighs 33 lbs or more.

*Check all that apply.*

**Have you or your child had an allergic reaction, including anaphylaxis?**

- ☐ Yes ☐ No

**What interests you or your child the most about *neffy*?**

- ☐ Needle free ☐ Portable  
☐ Nasal spray ☐ Expires in 30 (2 mg) or 24 (1 mg) months  
☐ Size  
☐ Temperature flexibility - Store at room temp. Temp up to 122°F allowed for a few days

**What is the primary reason for filling your or your child's epinephrine prescription?**

- ☐ New prescription ☐ Need replacement  
☐ Expired

**How often do you or your child carry an epinephrine needle-injector?**

- ☐ At all times ☐ Sometimes  
☐ Most times ☐ Rarely



Not actual size.

**How comfortable are you when using a needle-injector on yourself or your child?**

- ☐ Very comfortable ☐ Comfortable  
☐ Uncomfortable\*

**\*If needle-injectors make you uncomfortable, why?**

- ☐ The risk of injury ☐ Unsure how to use it  
☐ A fear of needles ☐ Hesitant to use—expensive to replace  
☐ Worried it won't work correctly ☐ Need to seek immediate medical or hospital care

## Questions for your doctor

1. How is *neffy* different from my current or other epinephrine treatments?
2. Is *neffy* an appropriate treatment option for me?
3. How can I get *neffy*?
4. Are there any savings or cost assistance programs for *neffy*?

## WHAT IS *neffy*?

**neffy** is a nasal spray used for emergency treatment of allergic reactions including anaphylaxis, in adults and children aged 4 years and older who weigh 33 lbs or greater.

## IMPORTANT SAFETY INFORMATION

**What is the most important information that I should know about *neffy*?**

**neffy** contains epinephrine, a medicine used to treat allergic emergencies (anaphylaxis). Anaphylaxis can be life-threatening, can happen in minutes, and can be caused by stinging and biting insects, allergy injections, foods, medicines, exercise, or other unknown causes.

Always carry two **neffy** nasal sprays with you because you may not know when anaphylaxis may happen and because you may need a second dose of **neffy** if symptoms continue or come back. Each **neffy** contains a single dose of epinephrine. **neffy** is for use in the nose only.

Use **neffy** right away, as soon as you notice symptoms of an allergic reaction. If symptoms continue or get worse after the first dose of **neffy**, a second dose is needed. If needed, administer a second dose using a new **neffy** in the same nostril *starting 5 minutes after the first dose*. Get emergency medical help for further treatment of the allergic emergency (anaphylaxis), if needed after using **neffy**.

Tell your healthcare provider if you have underlying structural or anatomical nasal conditions, about all the medicines you take, and about all your medical conditions, especially if you have heart problems, kidney problems, low potassium in your blood, Parkinson's disease, thyroid problems, high blood pressure, diabetes, are

pregnant or plan to become pregnant, or plan to breastfeed.

Tell your healthcare provider if you take or use other nasal sprays or water pills (diuretics) or if you take medicines to treat depression, abnormal heart beats, Parkinson's disease, heart disease, thyroid disease, medicines used in labor, and medicines to treat allergies. **neffy** and other medications may affect each other, causing side effects. **neffy** may affect the way other medicines work, and other medicines may affect how **neffy** works.

**What are the side effects of *neffy*?**

**neffy may cause serious side effects. If you have certain medical conditions or take certain medicines, your condition may get worse, or you may have more or longer lasting side effects when you use *neffy*.**

Common side effects of **neffy** include: nasal discomfort, headache, throat irritation, chest and nasal congestion, feeling overly excited, nervous or anxious, nose bleed, nose pain, sneezing, runny nose, dry nose or throat, tingling sensation, including in the nose, feeling tired, dizziness, nausea, and vomiting.

**Tell your healthcare provider if you have any side effects that bother you or that do not go away after using *neffy*.**

These are not all of the possible side effects of **neffy**. Call your healthcare provider for medical advice about side effects. To report side effects, contact ARS Pharmaceuticals Operations, Inc. at **1-877-MY-NEFFY (877-696-3339)** or the FDA at **1-800-FDA-1088** or [www.fda.gov/medwatch](http://www.fda.gov/medwatch).

**Please see the full [Prescribing Information](#) and [Patient Information](#) for *neffy*.**